JB DANCE

2026 INFORMATION PACK

STYLES OF DANCE

JAZZ

Jazz dance is dynamic and expressive, combining fast-paced movements with upbeat music. Your child will develop coordination, flexibility, and strength while learning exciting steps like high kicks, jumps, and turns—perfect for building confidence and rhythm.

HIP HOP

Hip Hop is energetic and full of attitude. This style encourages creativity and self-expression through bold, rhythmic movements. Your child will learn to master cool street moves while improving balance, strength, and coordination in a fun, supportive environment.

ACROBATICS

Acrobatics is a great way for children to build strength and flexibility. Through safe, progressive training, your child will learn essential skills such as handstands, cartwheels, and flips. Acrobatics enhances physical coordination and discipline while providing a fun challenge.

CONTEMPORARY

Contemporary dance blends modern, classical, and jazz techniques to create expressive, flowing movements. It's a beautiful way for your child to explore emotions, improve body awareness, and develop strength while connecting with the music in a deeply personal way.

LYRICAL

Lyrical dance combines the elegance of ballet with the freedom of jazz, creating a powerful form of self-expression. Your child will learn to interpret music emotionally, using graceful, fluid movements to tell a story and develop balance, control, and flexibility.

BALLET

Ballet is the foundation of all dance styles, emphasizing grace, discipline, and technique. Your child will learn the art of precise footwork, body alignment, and fluid movement, helping to build strength, flexibility, and poise.

TAP

Tap dance is a rhythmic and highly engaging style that focuses on creating musical sounds through precise footwork. Your child will build coordination and timing while learning to create rhythms and melodies with their feet, enhancing their listening skills and musicality.

MUSICAL THEATRE

Musical Theatre offers the perfect opportunity for your child to explore the world of performance. Combining acting, singing, and dancing, this style builds confidence and stage presence, while developing coordination, teamwork, and an understanding of the dramatic arts.

DANCE CLUB

About Dance Club

We understand the hustle and bustle of daily life, especially for those juggling multiple activities and constantly on the go.

That's why we're excited to bring the world of JB Dance directly to your school! Dance Club is a dynamic 2-hour program directly at your local school. Throughout the year, dancers will receive comprehensive training in Acrobatics, Jazz, Contemporary and Hip Hop. This holistic program is designed to enhance your child's skills across all dance styles, with a specific focus on flexibility, turns, leaps, and jumps!

In term 1 & 2, dancers will learn 2 routines to perform at our Mid-Year Show wearing their JB Dance Uniforms. In term 3 & 4 Dancers will embark learning 2 new routines, which will be performed in costume at our End-of-Year Concert.

Every Dance Club session at JB Dance offers a blend of Jazz technique Acrobatics Skills, rehearsal for concert routines, enjoyable combinations, games, and more! If your school is not currently one of our partnering schools, feel free to contact us, and we can explore the possibility of initiating a JB Dance Club at your school!

2026 Timetable

Monday
Umina Surf Life Saving Club
Ourimbah Public School
Dudley Community Hall

Tuesday
Kincumber Public School

Wednesday
Kanwal Public School
Swansea Public School
Terrigal Public School

Thursday
Niagara Park Public School
Hamilton Public School

Friday
St Joseph's Primary School, Merewether

JUST DANCE

About Just Dance

Just Dance is a stress-free, joy-filled introduction to dance!

It is a simple, movement-based program designed to help children build confidence, coordination, and a genuine love for dance. With a focus on fun over formality, this program is perfect for families wanting something engaging, low-pressure, and easy to fit into their week.

There are no concerts, no costumes, and no uniforms - just pure movement and enjoyment.

Taught by our experienced and passionate teachers, children will explore age-appropriate dance skills in a relaxed and encouraging environment.

Every Just Dance class is filled with playful movement, imaginative activities, simple dance exercises, and plenty of smiles! If you're looking for a welcoming introduction to the world of dance—without the extra commitments—Just Dance is the perfect place to begin.

JUST DANCE
PURE FUN, ZERO FUSS

2026 Timetable

Monday
Long Jetty HQ
Bateau Bay Basketball Stadium
Wednesday
Niagara Park Basketball Stadium
Friday
Long Jetty HQ
Lake Haven Recreational Centre
Friday
Long Jetty HQ

RECREATIONAL CLASSES

About Recreational Classes

Our Recreational Program offers a wide variety of styles across multiple days, giving dancers the flexibility to choose one style—or as many as they'd like. It's an exciting option for families wanting something enjoyable, confidence-building, and easy to fit into a busy week.

Recreational dancers get to enjoy all the excitement of performing, including concerts, costumes, and the joy of being on stage—without the pressure of competitive commitments.

Taught by our encouraging and experienced teachers, dancers will build skills, grow confidence, and discover new passions in a relaxed and uplifting environment.

Every Recreational Class is filled with energy, creativity, age-appropriate technique, and an atmosphere where dancers feel supported and inspired.

If you're looking for a way for your dancer to do more—while keeping it fun and flexible—our Recreational Classes are the perfect place to grow.

2026 Timetable

Monday
Long Jetty HQ
Tuggerah HQ
Lake Munmorah
Erina

Tuesday
Long Jetty
Lake Munmorah
Terrigal

Wednesday
Tuggerah HQ

Thursday
Long Jetty HQ

Friday
Long Jetty HQ

COMPETITION TEAMS

Elite & Select Teams

Our Elite and Select Teams are designed for dancers ready to challenge themselves, grow their skills, and experience the excitement of competitive dance.

The Elite Team is our highest-level program, tailored for dancers with exceptional talent and a strong commitment to growth. Dancers receive advanced training across multiple styles and participate in up to six competitions annually. It's the ideal pathway for dancers aspiring to a professional career.

The Select Team is perfect for dancers eager to enhance their skills and gain competitive experience in a supportive, fun environment. With focused training and participation in 3–4 competitions per year, it offers a great introduction to the competitive dance world and the next step in a dancer's journey.

Both teams provide expert coaching, performance opportunities, and an environment that inspires dancers to reach their full potential.

Performance Team

Performance Team is perfect for dancers who love being on stage and want more performance opportunities without the commitment of competitions.

Dancers focus on developing showmanship, stage presence, and confidence while enjoying the thrill of performing for audiences.

Each year, dancers learn routines in Jazz and Lyrical, along with a special Christmas-themed piece, giving them the chance to shine across a variety of styles.

Performances include shopping centre showcases, Christmas Carols, and other special events, providing memorable experiences and helping dancers grow both on and off the stage.

Taught by our experienced and supportive teachers, the Performance Team nurtures skill development, confidence, and a love of dance in a fun and encouraging environment.

Sarah, our Teams Director, leads all Performance, Select, and Elite Teams, ensuring dancers receive high-quality training, support, and guidance across every program.

Enquire at info@jbdance.com.au to be part of our Elite, Select, and Performance Teams.
Elite and Select Teams are by audition only, while the Performance Team is by teacher selection and/or invitation.

OVERVIEW

Program Name	Dance Club	Recreational Classes	Just Dance	Elite & Select Competition Teams
Styles Offered	Jazz, Hiphop, Acrobatics, Lyrical or Contemporary	All Styles Offered	All Styles Offered	All Styles Offered
Long Jetty HQ	✓	✓	✓	✓
Tuggerah HQ	✓	✓	✓	✓
Erina		✓		
Lake Munmorah		✓		
Bateau Bay			✓	
Lake Haven			✓	
Niagara Park	✓		✓	
Terrigal	✓		✓	
Kanwal	✓			
Kincumber	✓			
Ourimbah	✓			
Swansea	✓			
Umina	✓			
Hamilton	✓			
Merewether	✓			
Dudley	✓			

TEAMS overview

	Performance Team	Elite Team	Select Team
Long Jetty HQ	Monday	Enquire	Enquire
Tuggerah HQ	Wednesday	Enquire	Enquire
Erina	Friday	N/A	N/A
Uniform	JB Uniform	Teams Uniform	Teams Uniform
Private Lessons	Optional	Optional	Optional
Solo Competitions	No	Yes	Yes
Concerts	Yes	Yes	Yes
Photo Day & Dress Rehearsal	Yes	Yes	Yes
Community Shows	Yes	Yes	Yes
Dance Competitions	No	Yes	Yes
RAD Ballet Exams	No	Optional	Optional
Grand Ball & Awards Night	No	Yes	Yes

FEE STRUCTURE

Class Time Per Week	Price Per Week	Price Per Month
30 Minutes	$10.00	$36.00
45 Minutes	$16.00	$58.00
60 Minutes	$20.00	$72.00
75 Minutes	$26.00	$94.00
90 Minutes	$27.00	$98.00
2 Hours (2–2.5 hours)	$33.00	$120.00
3 Hours (3–3.5 hours)	$45.00	$163.00
4 Hours (4–4.5 hours)	$55.00	$200.00
5 Hours (5–5.5 hours)	$65.00	$236.00
6 Hours (6–6.5 hours)	$75.00	$272.00
7+ Hours	$85.00	$309.00

Price per week dependant on the number of hours your dancer is enrolled in each week.

CONCERT INFORMATION

At JB Dance, we're passionate about giving every student the chance to showcase their skills. That's why we organise a Mid-Year Concert at the end of Term 2 and an End-of-Year Concert to celebrate the end of the year!

Each class learns new routines for both the Mid-Year Concert and our End-of-Year Concert! It's a fantastic opportunity for our talented dancers to shine on stage and share their progress with friends and family! All students will also take part in our Theatre Rehearsal at The Art House, Wyong. This is an essential part of the concert experience. Rehearsing in the actual performance space helps dancers understand the stage layout, lighting, spacing, and entrances—so they feel confident, safe, and ready to perform at their best.

Please note: this rehearsal takes place during school hours, and students may need to leave school early on this one date. We truly appreciate your support, as this rehearsal makes a huge difference in the dancers' on-stage success and overall experience.

CLASS CONDUCT

At JB Dance we treat you as family, not as a number, and we love building relationships with our students and parents. However, we have put a few rules in place in order for your child to get the most out of their JB Dance experience.

At JB Dance we strive to help your child become the best dancer they can be – after years of trialing open classes, we have found that a child is able to learn best in a focused and distraction-free environment, parents are not allowed to stay in and watch during classes - unless it's their first lesson at JB Dance.

If dancers arrive before their class has started, they must be quiet and respectful and wait until their class is called.

If you have any questions or concerns regarding your child's fees, newsletters, events and so on, please call our office during the hours of 10am – 2pm Tuesday-Thursday on 0401 473 457 or email info@jbdance.com.au.

IMPORTANT DATES

Mid-Year Shows (The Art House)	Saturday 27th & Sunday 28th June
End-Year Shows (The Art House)	Saturday 12th & Sunday 13th December
Photo Day & Dress Rehearsal	TBC - November
Term 1	Monday 2nd February - Saturday 4th April
Term 2	Monday 20th April - Saturday 4th July
Term 3	Monday 20th July - Saturday 26th September
Term 4	Monday 12th October - Saturday 19th December
Bring a Friend & Rainbow Dress-Up Week	Monday 16th - Saturday 21st February
Easter Dress-Up Week	Monday 23rd - Saturday 28th March
Bring a Friend & PJ Dress-Up Week	Monday 3rd - Saturday 8th August
Halloween Dress-Up Week	Monday 19th - Saturday 24th October
Christmas Dress-Up Week	Monday 14th - Saturday 19th December

UNIFORMS

Uniforms can be purchased from the JB Dance Shop or online at www.jbdance.com.au/shop

Concert Requirement

All dancers are required to wear JB Dance uniforms and appropriate shoes for the Mid-Year Concert. We kindly request that uniforms and correct shoes for classes be purchased by the beginning of Term 2.

Shoes

Jazz: Black Jazz Shoes ($40)
Ballet: Ballet Shoes ($30)
Contemporary/Lyrical: Toe Thongs ($15)
Hip Hop: Own Black Sneakers
Acrobatics: Barefoot

JB Dance Uniform Shop

Our JB Dance Uniform Shop is located at our Long Jetty HQ - 5B Toowoon Bay Road.

Shop Opening Hours

4pm-6pm Tuesday, Wednesday & Thursday

DISNEYWORLD FLORIDA 2027

If you haven't completed the expression of interest form yet, please do so HERE

This truly is a once-in-a-lifetime experience for our dancers — the chance to perform at the Most Magical Place on Earth, explore DisneyWorld with their dance friends, and create memories that will stay with them forever.

You can find an **Orlando Florida DisneyWorld Sample Itinerary HERE**. Pricing and information for 2027 will become available in the next few months

Fundraising has already begun to help plan activities, auditions, and other preparations for families interested in one or more trips.

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We can't wait to embark on this exciting journey with you! For updates and detailed planning, join our Facebook group by clicking HERE

Elite and Select Team members are automatically eligible for these tours and do not need to audition, as their team audition already covers this requirement. All other dancers are welcome to join but will need to audition. Students aged 7+ from any JB Dance location or team can participate, as we will create a special show specifically for these trips. This show will typically be taught over 4-6 school holiday sessions held six months before the trip, followed by monthly Sunday rehearsals leading up to the trip.

NEXT AUDITION DATE: 14th January, 3:00pm at Long Jetty

THE DANCE APPRENTICE

Teacher Training For Dance Schools By Robyn Parros

This new pathway offered through JB Dance and The Dance Apprentice, provide our teachers with the instrumental knowledge, training and relevant dance teacher training for the future leaders of our school.

At the conclusion of the course, our teachers will be pro-active, independent and professional in the classrooms while inspiring and motivating students each week. Each teacher will receive hands on experience through assistant teaching during the term and receive a certificate once the course has been completed successfully. They will either be required to complete the 2nd year of the course, or graduate with their own class to teach the following year.

Course Structure:

- In-Person Training: 4 hour sessions held on the first Monday of each school holidays at Long Jetty HQ
- Online Learning: Access the Dance Apprentice Portal to complete learning activities and assignments guided by Sarah Baggiossi, our Dance Apprentice Trainer.

Age Requirement: Open to students aged 15–17 years.

What's Included:

- 12 Months of Teacher Training & Mentorship with Sarah Baggiossi
- 4 Learning Days (lunch included)
- Hands-On Assistant Teaching Training: Dance apprentices will be paired with a Head Teacher to assist with classes across 4 terms at a JB location.
- Commitment: A minimum of 1 hour per week assisting is required to complete the course.

What Will I Learn?

- Teacher roles and responsibilities, including OHS, policies, and procedures
- Teaching dance safely
- Creating a safe & inclusive classroom environment
- Effective teaching strategies
- Lesson structure and planning
- Successful choreography techniques
- Building a positive studio culture
- Practical assistant teaching experience

For more information, including course fees please email info@jbdance.com.au

A Message From Our Studio Founder

As the founder of JB Dance, I've always believed that every child deserves the chance to shine. After growing up immersed in the world of dance from training competitively to teaching classes from a young age I knew I wanted to create something of my own. In 2009, at just 19 years old, I opened JB Dance with a simple dream: to build a space where children of all ages and abilities could feel confident, supported, and inspired.

Sixteen years later, that dream has grown into a thriving, joyful community that reaches families across the Central Coast. What began as a handful of classes has become a place where thousands of kids have discovered not only their passion for dance, but also their confidence, friendships, and sense of belonging.

But JB Dance is so much more than a studio. It's a family. Our events, celebrations, and shared moments create memories that last a lifetime, while also helping our dancers build resilience, teamwork, and important life skills. With multiple locations and flexible schedules, we strive to make dance accessible and enjoyable for every family who walks through our doors.

Whether your child dreams big or just wants a fun place to move and feel at home, JB Dance is here to support them every step of the way. I invite you to join our dance family and watch your child grow, thrive, and discover their limitless potential.